



NEXUS ISSUE 15

31ST AUGUST 2026

Faction Carnival
is on Friday
Program Here

ACKNOWLEDGEMENT OF COUNTRY We would like to acknowledge the Traditional Owners of the Land on which we meet today, the Marradungup Land of the Whadjuk people of the Noongar Nation. We would also like to pay our respect to the Elders of this Land, past, present and emerging.

[CALENDAR](#)

[TERM DATES](#)

[WEBSITE](#)

[EMAIL US](#)

A MESSAGE FROM OUR PRINCIPAL

Last week was a fantastic celebration of reading, imagination and creativity as we enjoyed Book Week across the school. It was wonderful to see our students embracing the theme, sharing their love of books and participating so enthusiastically in the many activities on offer. A sincere thank you to Ms Park for the tremendous amount of work she put into organising the week. Events such as Book Week don't happen by accident, and we are grateful for the planning, energy and passion she brings to fostering a love of reading in our students. I had the pleasure of enjoying Yo-chi with some avid weekly readers who were drawn out of the raffle last week, it's great to see our students participating in something that brings such joy while also developing their minds. A big thank you to Mrs Barnes for her work in the background on our reading rewards.

This week, our attention turns from literature to athletics, with students participating in jumps, throws and, of course, our Athletics Carnival on Friday. These events are always a highlight of the school year, bringing together competition, teamwork and school spirit. Thank you to Mr Fritchley for his work in coordinating the week and for ensuring our athletics program continues to prioritise participation, effort and sportsmanship alongside achievement.

Having attended my first Attadale Athletics Carnival last year, I was struck by what a special day it is. While the friendly faction rivalry certainly creates excitement and enthusiasm (particularly amongst the parents on the hill), what stands out most is the way our students support one another, celebrate each other's successes and have a go. There is a genuine sense of community throughout the day, with students, staff and families coming together to create a positive and memorable experience. It is one of the best examples of what makes Attadale such a great school, and I am looking forward to another fantastic carnival this Friday.

Although we are very much focused on the remainder of this year, planning for 2027 is already underway. Before the end of the term, families will receive information about the process for communicating class placement requests for next year, including guidance on the types of requests that can be considered. As always, we welcome information from parents that may assist us in making the best decisions for students. However, we ask families to remember that these are requests that will be carefully considered alongside a range of complex educational, social and organisational factors. While we always endeavour to accommodate requests where possible, it is not possible to guarantee that every request can be met. Our goal remains the same: creating balanced classes that provide the best possible learning environment for every student.

Chris John
Principal

OPEN NIGHT IN KINDY RED/BLUE

To keep a nice flow in the Kindy Red and Blue room on Open Night, September 9th, we have staggered the times as listed below. This will allow a more open space for families to visit the classroom.

Kindy Red - 5.30pm - 6.15pm

Kindy Blue - 6.15pm - 7.00pm

Kindy Green - 5.30pm - 7.00pm

PLANS FOR 2027

Term 3 is an important time for planning ahead. If your family is moving or your child will be attending a different school in 2027, we would appreciate being notified as soon as possible.

Early notification supports our planning for class placements, resource allocation, and staffing for the following year. Please email attadale.ps@education.wa.edu.au to let us know.

Thank you for your assistance.

TERM THREE PLANNER

WEEK 7	31 August Kindy Red Athletics Jumps	1 September Kindy Red/Green	2 September Kindy Blue/Green Athletic Throws	3 September Kindy Blue/Green Silly Sock day	4 September Kindy Blue Faction Athletics Carnival <i>Buy a drink to support Kids Cancer!</i>
WEEK 8	7 September Kindy Red Board Meeting	8 September Kindy Red/Green	9 September Kindy Red Open Night	10 September Kindy Blue/Green R U Ok? day	11 September Kindy Blue Yr 4/5 Rm 11 Assembly
WEEK 9	14 September Kindy Red Kindy Red Sports	15 September Kindy Red/Green Kindy Green Sports	16 September Kindy Blue/Green Mini Fair	17 September Kindy Blue/Green Kindy Blue Sports	18 September Kindy Blue P&C Quiz Night
WEEK 10	21 September Kindy Red	22 September Kindy Red/Green	23 September Kindy Red Wellbeing Wednesday	24 September Kindy Blue/Green Yr 5's to MSHS	25 September Kindy Blue Yr 1/2 Rm 3 Assembly

Term 4 will commence Tuesday 13th October

UPCOMING EVENTS

Sock Day -

Kindy Red will have their sock day on Tuesday 1st September
Kindy Blue and Green Groups on Thursday 3rd September

Excursions -

Year 5/6 Enrichment Geocaching Exc - Monday 7 September
Year 3 / 4 Enrichment Excursion to Gage Roads - Monday 14 September

Kindy Mini Sports days - 2-3pm in the Kindy playground -

Red Group - Monday 14th September
Green Group - Tuesday 15th September
Blue Group - Thursday 17th September

Wellbeing Day -

Kindy Blue and Green will wear something they love on Wednesday 16th September
Kindy Red on Wednesday 23rd September



THIS WEEK'S Specials

Week 7: 31st August - 4th September 2026

Order via Spriggy School App 8:30am cut off or over the counter with CASH ONLY by 9am.

Wednesday

Attalicious Pizza - \$6.20

Perfect portions of pizzawith your choice of toppings.

All made with our Attalicious special sauce

Toppings -

- Margherita
- Ham & Cheese
- Hawaiian

Potato and Leek Soup - \$5.00

Canteen madeLeekand PotatoSoup. Creamy and delicious. Contains dairy.

Garlic Bread options available

Attalicious Pizza



Potato and Leek Soup



Friday



CANTEEN
= CLOSED =
for the
SPORTS CARNIVAL



BUT...

= FREE SAUSAGE SIZZLE! =

FATHER'S DAY FAMILY SAUSAGE SIZZLE

Available from **12PM** until
AFTER THE CARNIVAL LUNCH BREAK



FREE
for
everyone!



GF GF OPTIONS
available



NO COST. NO ORDERS.
Just come and enjoy!



Courtesy of KNIGHT HEALTH

Attadale Primary School Faction Carnival

4 September

Hairspray & Zinc Stalls

Help your faction show their true colours by getting blue, white or green zinc and hairspray for a gold coin donation!

**Junior school - between the year 1
& PP classrooms**

Senior school - near the hall

*P&C Event hosted by the Attamums.
All funds raised will go towards
infrastructure, resources & programs
at the school.*





ATTADALE PRIMARY SCHOOL

FACTION CARNIVAL BAKE SALE

FRIDAY 4TH SEPTEMBER

CALLING FOR BAKED DONATIONS!

DONATIONS NEEDED:

BROWNIES, CAKES, COOKIES, MINI PIES, DONUTS, SLICES,
PASTRIES, SAVOURY ITEMS AND MORE.

ALLERGIES & LABELLING

ALL ITEMS MUST BE NUT FREE! WE WELCOME GLUTEN FREE /
DAIRY FREE ITEMS. PLEASE LABEL INGREDIENTS

DELIVER

DONATIONS CAN ONLY BE DROPPED OFF AT THE CANTEEN ON
THURSDAY 3RD SEPTEMBER BETWEEN 3.00PM - 3.30PM OR THE
MORNING OF THE EVENT AT THE BAKE SALE STALL.

NO TIME TO BAKE?

DONATE CASH INSTEAD VIA SPRIGGY! WE'LL USE DONATED
FUNDS TO PURCHASE ADDITIONAL GOODS FOR THE STALL.

**ALL PROCEEDS WILL GO TO SUPPORT P&C INITIATIVES.
WE WILL BE ACCEPTING CASH AND CARD.**

≡ ATTADALE PRIMARY P&C ≡

FATHER'S DAY FAMILY SAUSAGE SIZZLE

♥
ON FACTION CARNIVAL DAY,
FRIDAY 4 SEPTEMBER

AVAILABLE FROM 12PM UNTIL
AFTER THE CARNIVAL LUNCH BREAK



- KNIGHT HEALTH -

FREE SAUSAGE SIZZLE

for everyone

courtesy of

KNIGHT HEALTH



FREE

FREE sausage sizzle
for everyone!

GF

GF options available



No cost. No orders.
Just come and enjoy!



♥ *Thank you* ♥

TO KNIGHT HEALTH FOR SUPPORTING
OUR SCHOOL COMMUNITY!



NEWS FROM HELPING HANDS

Something new is happening at Helping Hands!

We're excited to welcome Dylan to the Helping Hands team. Currently studying Teaching, Dylan brings plenty of energy and a love of sport and outdoor activities to our program. He'll be working alongside Thanaa, who continues to lead the service with her caring and supportive approach.

Every Tuesday afternoon, Dylan will be running our new Cricket Club! Children can enjoy cricket, games and active fun - completely free as part of the Helping Hands program.

We'd love to see lots of children getting involved, having a go and enjoying some active afternoons with us! 🥳😊

Kind regards

Thanaa Hayder

Service Coordinator

Attadale Helping Hands

Phone: 0415 256 110

Email: attadale@helpinghandsnetwork.com.au



THE WELLBEING CORNER

THE
RESILIENCE
PROJECT

Our school is proud to be part of The Resilience Project, supporting children and families to build positive wellbeing habits through Gratitude, Empathy, Mindfulness and Emotional Literacy (GEM). Wellbeing isn't just something we develop at school — small, everyday habits at home can make a big difference too. When families and schools use the same language around wellbeing, children are better supported to develop resilience and emotional skills.

Family Hub

The Resilience Project Family Hub provides simple, practical ideas, short videos and family-friendly activities to help you bring GEM into everyday life. Because when we practise GEM together, we grow together. Explore the Family Hub and discover simple ways to support your family's wellbeing at home.

<https://theresilienceproject.com.au/family-hub>

Year 6 Room 13 got creative by weaving the GEM principles into their learning and reflections. Students created their own 'GEM Recipes for a Great Day Out', reflecting on how Gratitude, Empathy, Mindfulness and Emotional Literacy could be incorporated into their holiday experiences. A wonderful example of our students using mindfulness and gratitude to notice, appreciate and reflect on the positive moments in their holidays.

Recount Recipes

Learning Intention

I can recount a holiday experience as a recipe and show how I used at least two GEMs from The Resilience Project.

Success Criteria:

- I wrote my recount as a recipe.
- I included a title, ingredients and method.
- I included at least two GEMs in my ingredients.
- I explained how the GEMs were part of my holiday experience.
- I put my events in the correct order.
- I used time words to help my reader follow the events.
- I included feelings and details.
- I edited my work before publishing.

A Recipe for A Spectacular Rottneest Quiz Night

Ingredients:

- 5 tickets
- 5 bikes
- A bucket full of gratitude
- A handful of mindfulness
- 5 drinks
- 2 bags of chips
- A tonne of excitement
- Friends and family to enjoy it with

Method:

Step 1 Getting Pumped with Excitement

Start by getting ready to go by gathering all your stuff.

Step 2 Travel

Jump on your bike and head off to the clubhouse next to the golf course.

Step 3 A Bit of Mindfulness

On your way to the clubhouse take time to notice the beautiful scenery around you and the big bright moon shining in the night sky.

Step 4 Arrival

Once you have arrived, dismount your bike and head upstairs to the quiz room.

Step 5 Put Your Thinking Caps on and Enjoy the Quiz

Challenge your brain and try to answer the puzzling questions.

Step 6 Ride Back Home

On your way back, ask your family how much they enjoyed it and what their favourite part of the experience was and try to make connections on what your favourite part of the evening was.

Step 7 The Finishing Touch

Finally, show your gratitude to your parents by thanking them and giving you a wonderful experience.

Summary

If you followed these steps, you should have received an amazing time filled with fun, gratitude, mindfulness, and family. I hope that you have enjoyed this amazing activity and experienced a spectacular time with your family and friends.

By Beau

Recipe for an Outstanding Day at the Big Banana

Ingredients:

- 3 Tickets for the Big Banana
- Ticket for the Toboggan
- Ticket for the 4D Cinema
- Ticket for the Escape Room
- 1 Spoonful of Mindfulness
- 1 Handful of Gratitude
- Excitement

Method:

Step 1: Start with showing gratitude

Before arriving, show some gratitude and thank the person who is bringing you to this wonderful destination.

Step 2: Arrive at the big banana and buy tickets.

Once you arrive at the big banana, go to the ticket seller and ask can I see for some tickets. Once you have all your tickets say thanks and head off.

Step 3: Mixing Mindfulness

When you're waiting in the line of the ride, take a moment to notice your surroundings and enjoy what excitement you will be doing in a few seconds.

Step 4: Enjoy the rides

Take time to enjoy and appreciate the rides that you have gotten to go on. Have a fun time with your family or friends.

Step 5: Finish with gratitude

After a long, exciting day think about what opportunities you have given and thank the people who took you to the Big Banana.

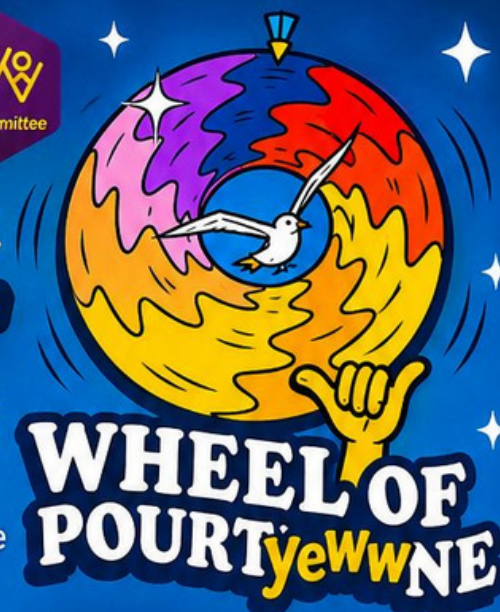
Summary

If you follow this recipe, you'll experience an exciting day full of laughter, excitement, mindfulness and gratitude. By using the GEM principles of Gratitude, Empathy and Mindfulness you will appreciate your experience more. At the end of the day, you will surely be pumped up to go again!

By Tiago



THE APS P&C QUIZ NIGHT & DISCO!



Expect **fabulous prizes**, **questionable knowledge**, fierce **competition**, questionable **dance moves** and, most importantly, a night of fun while raising funds for our wonderful school! ❤️

TICKETS:



VIP TABLE – \$500

per table of 10
Prime seating + 2 jugs of beer!
Only 4 VIP tables available



STANDARD TABLE – \$350

per table of 10



SINGLE TICKET – \$35 EACH

(2 tables available)
See FAQs for details.

WHERE:

Melville Bowling
& Recreation Club

WHEN:

FRIDAY 18 SEPTEMBER 2026



6:00pm – Doors open
+ Silent Auction begins



7:00pm – Quiz kicks off!



9:30pm – Quiz wraps +
dance floor opens



12:00am – Doors close



TABLE COSTUMES ENCOURAGED!

Not compulsory, but definitely
encouraged... because why be
normal when you can win the quiz
AND best dressed?

See FAQs for details.



PRIZES TO BE WON!



Feel free to flex your platter skills
and BYO food or order ahead from
Applecross Pizza for a 7pm delivery.
See FAQs for details.



FUNDS RAISED GO TOWARDS OUR SCHOOL!



Please see the FAQs for
all the important details.

LET THE GAMES BEGIN!

Helping
Hands



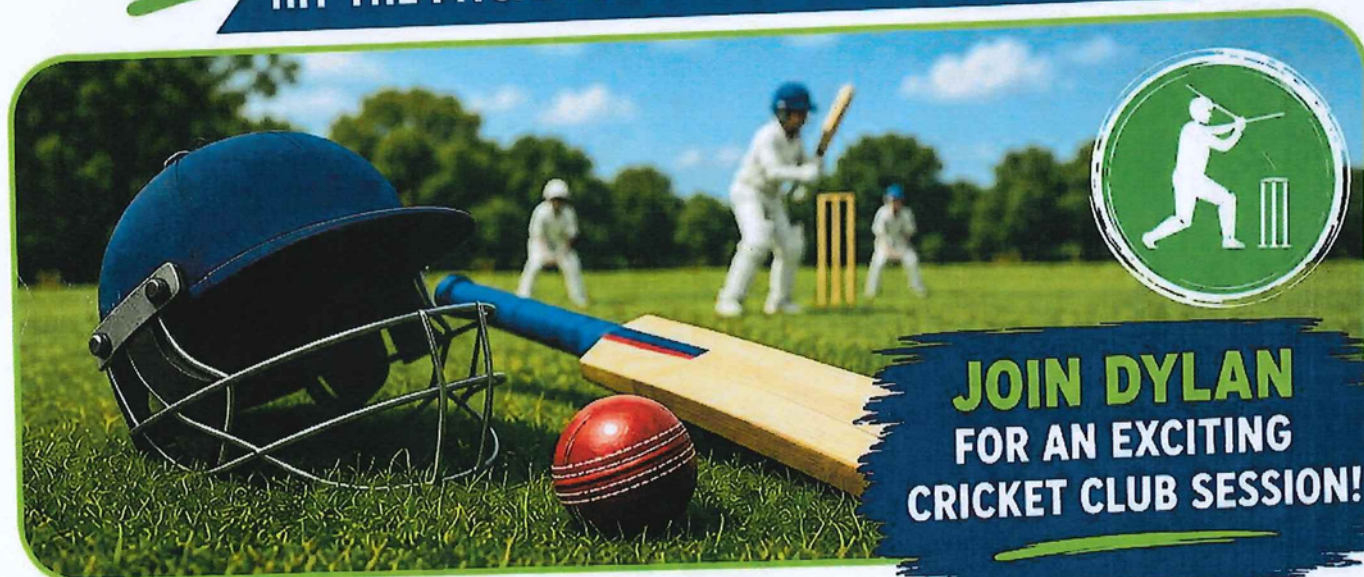
TUESDAYS WITH DYLAN

CRICKET CLUB

PLAY.
LEARN.
GROW!



HIT THE PITCH. BUILD SKILLS. MAKE MEMORIES.



JOIN DYLAN
FOR AN EXCITING
CRICKET CLUB SESSION!

WHAT YOU'LL GAIN:



IMPROVE SKILLS

Learn and practise
cricket skills



TEAMWORK

Develop teamwork
and sportsmanship



FOCUS

Improve hand-eye
coordination



CONFIDENCE

Build confidence
on and off the field



FUN & FRIENDS

Enjoy games,
challenges &
great company!



WHAT TO BRING:

Hat, water bottle,
and a positive attitude!



WE LOOK FORWARD TO SEEING
EVERYONE AT **HELPING HANDS ATTADALE!**



Canteen Volunteer Roster

Term 3, 2026

Week	Year Group	Canteen Dates
1	PP	22 & 24 July
2	Year 1	29 & 31 July
3	Year 2	5 & 7 August
4	All-in	12 & 14 August
5	Year 3	19 & 21 August
6	Year 4	26 & 28 August
7	All-in	2 & 4 September
8	Year 5	9 & 11 September
9	Year 6	16 & 18 September
10	All-in	23 & 25 September

WIN a reserved APS Car Bay!

Volunteer for a shift in the canteen this term and you'll be in the raffle for a personal parking bay reserved for one term.

The more you volunteer, the more chance you have!

Sign up here: <https://signup.com/go/hpniidb>

