



NEXUS ISSUE 13

3RD AUGUST 2026

Goodluck to all our
Cross Country runners
tomorrow

ACKNOWLEDGEMENT OF COUNTRY We would like to acknowledge the Traditional Owners of the Land on which we meet today, the Marradungup Land of the Whadjuk people of the Noongar Nation. We would also like to pay our respect to the Elders of this Land, past, present and emerging.

[CALENDAR](#)

[TERM DATES](#)

[WEBSITE](#)

[EMAIL US](#)

A MESSAGE FROM OUR PRINCIPAL

It has been wonderful to see such a positive and settled start to the term across Attadale Primary School. Our students have returned ready to learn, classrooms are full of energy, and there is already a great sense of purpose throughout the school. We have also been fortunate with the weather, enjoying some crisp winter mornings followed by pleasant sunny days, which have allowed students to make the most of their learning and play opportunities outdoors.

As always, I encourage families to regularly check the school calendar as this term is shaping up to be a very busy one with a range of exciting events and activities planned. A reminder that school photos will commence from Monday 10 August, and families should ensure they are aware of the schedule and any information that has been sent home regarding photo orders.

Student wellbeing continues to be a key focus at Attadale Primary School, and we are pleased to be offering two parent information sessions on The Resilience Project on Tuesday 19 August in the school library. To support family participation, we will hold a morning session at 9:00am, convenient for families following school drop off, and an evening session at 6:30pm, which will also include an online participation option. These sessions will provide parents with an overview of The Resilience Project, explore the core principles that underpin the program, explain how these practices are embedded across the school, and most importantly, offer practical strategies that parents can use to support both their child and themselves at home.

We believe that a proactive approach to wellbeing is essential in helping children thrive both now and after they leave Attadale.

Student wellbeing forms part of a broader multi-tiered system of support that sits alongside our academic, behaviour, attendance and engagement practices. By deliberately focusing on wellbeing as well as learning and engagement, we aim to support the development of the whole child, ensuring every student has the opportunity to build the skills, confidence and resilience needed for success both at school and beyond. I encourage all families to attend one of these sessions and learn more about how we can work together to support our children through life's inevitable challenges and setbacks.

Finally, a reminder to please use the Compass app to respond to any unexplained absences as promptly as possible. This assists us in maintaining accurate attendance records and ensures the safety and wellbeing of all students. We are also well underway with planning for 2027. If your child will not be returning to Attadale Primary School next year, please notify the school as soon as possible so that our planning for classes, staffing and resources can be as accurate as possible.

Chris John
Principal

OPEN NIGHT IN KINDY RED/BLUE

To keep a nice flow in the Kindy Red and Blue room on Open Night, we have staggered the times as listed below. This will allow a more open space for families to visit the classroom.

Kindy Red - 5.30pm - 6.15pm

Kindy Blue - 6.15pm - 7.00pm

Kindy Green - 5.30pm - 7.00pm

PLANS FOR 2027

Term 3 is an important time for planning ahead. If your family is moving or your child will be attending a different school in 2027, we would appreciate being notified as soon as possible.

Early notification supports our planning for class placements, resource allocation, and staffing for the following year.

Please email attadale.ps@education.wa.edu.au to let us know.

Thank you for your assistance.



UPCOMING EVENTS

WEEK 3	3 August Kindy Red Board Meeting	4 August Kindy Red/Green Interschool X Country	5 August Kindy Blue/Green	6 August Kindy Blue/Green	7 August Kindy Blue
WEEK 4	10 August Kindy Red School Photos	11 August Kindy Red/Green School Photos	12 August Kindy Red	13 August Kindy Blue/Green	14 August Kindy Blue Yr 2 Rm 7 Assembly School Photos
WEEK 5	17 August Kindy Red Freo Prison - Yr 4 Cuddly Animal Farm - PP	18 August Kindy Red/Green	19 August Kindy Blue/Green Resilience Workshop 9am & 6:30pm (online option) Yr 3 Constable Care	20 August Kindy Blue/Green	21 August Kindy Blue Yr 5 Kings Park Excursion
WEEK 6	24 August Kindy Red Book Week	25 August Kindy Red/Green	26 August Kindy Red	27 August Kindy Blue/Green Book week incursion P-Yr6	28 August Kindy Blue Book Week Costume Parade
WEEK 7	31 August Kindy Red Athletics Jumps	1 September Kindy Red/Green	2 September Kindy Blue/Green Athletic Throws	3 September Kindy Blue/Green	4 September Kindy Blue Faction Athletics Carnival

Events are available on Compass to submit permission and pay.

- Fremantle Prison - Yr 4
- Cuddly Animal Farm - PP
- Kings Park - Yr 5

THE WELLBEING CORNER

FORTNIGHTLY GEM CHAT

Gratitude



Gratitude involves recognising and expressing appreciation for the people, places and things in our lives. Practising gratitude allows us to pay attention to what we have, increasing feelings of happiness and leading to a more positive outlook on life.

Empathy



Empathy involves understanding others' feelings and perspectives and is practised through kindness, compassion and curiosity. Developing empathy fosters deeper connections, increases our likelihood of acting kindly, and helps us experience positive emotions.

Mindfulness



The practice of mindfulness is about an awareness of life as we are living it. It allows us to be responsive to our experiences rather than being reactive, and to live with greater balance, presence and connection.

Emotional Literacy



Emotional Literacy involves learning to identify and label our emotions, as well as developing emotional regulation skills. When we can accurately name our feelings and emotions, it reduces the impact of uncomfortable emotions and enhances the effect of positive ones.



When did you feel really **proud** of yourself today?

THE RESILIENCE PROJECT.

TRP AT HOME ACTIVITIES

Family Mindfulness habit builder:

Go on a family walk and encourage each family member to take note of three new or interesting things they see. Have a family discussion about each of the items.

Family Gratitude habit builder:

While sitting around the dinner table, invite each family member to share three things from their day that they are grateful for.

Family Emotional Literacy habit builder:

Around the dinner table, ask everyone to share a feeling they felt during that day. Discuss how they dealt with that feeling and then share strategies you could use when faced with particular feelings.

Family Empathy habit builder:

When you are sitting around the dinner table, discuss what acts of empathy/kindness each family member has shown that day or week. Talk about how it made them feel.



After listening to a story about how to turn a 'grey day into a yay day' - by focussing on the things that we are grateful for and make us happy, the students wrote a list of things that make them happy.



If they ever feel 'grey' they can look at the list and remind themselves of all the things that make them happy and they are grateful for.

CORPUS CHRISTI COLLEGE PRESENTS

TEENS, PARTIES, ALCOHOL & VAPES: WHAT DO PARENTS NEED TO KNOW?

with

PAUL DILLON

JOIN US FOR A FREE EVENT - OPEN TO THE WIDER COMMUNITY

Adolescence is a key time for social connection. This event explores current trends in underage drinking and vaping, providing practical strategies and guidance to help parents support safe choices and encourage open family conversations.

MONDAY **14** 6.30PM - 7.45PM
SEPTEMBER COLLEGE THEATRE

WWW.CORPUS.WA.EDU.AU/EVENTS





THIS WEEK'S Specials

Week 3: 3rd August-7th August 2026

Order via Spriggy School App 8:30am cut off or over the counter with CASH ONLY by 9am.

Wednesday

Attalicious Pizza - \$6.20

Perfect portions of pizza with your choice of toppings. All made with our Attalicious special sauce

Toppings -

- Margherita
- Ham & Cheese
- Hawaiian

Attalicious Pizza



Potato and Leek Soup - \$5.00

Canteen made Leek and Potato Soup. Creamy and delicious. Contains dairy.

Potato and Leek Soup



Garlic Bread options available

Friday

Traditional Chicken Burger \$6.20

Chicken patty served on a fresh wholemeal roll with lettuce, tomato & cheese and your choice of sauce.

Chicken Burger



Gluten Free available

Option for no cheese.

Sign up to Volunteer

Have any spare time this term?

We need volunteers each Wednesday and Friday to keep our canteen running.

Please call Canteen Manager **Adriana (0418 468 513)**

or sign up here: [Canteen Volunteers](#)



We're looking for

CASUAL CANTEEN ASSISTANT



Love working in a
busy kitchen?



Enjoy preparing
fresh food?



Thrive when there's
plenty happening?



Attalicious Canteen at Attadale Primary School is looking for a **reliable, motivated and friendly Canteen Assistant** to join our team!

YOU'LL LOVE THIS ROLE IF YOU:

- ✓ Have kitchen, cafe, canteen or hospitality experience
- ✓ Enjoy preparing fresh food.
- ✓ Can multitask in a busy environment
- ✓ Work accurately and efficiently
- ✓ Take initiative and stay one step ahead
- ✓ Are reliable, punctual and ready to work
- ✓ Enjoy working in a team
- ✓ Have a positive and friendly attitude
- ✓ Love being part of school community

WHAT YOU'LL BE DOING:

- Preparing and serving fresh food for recess and lunch
- Managing online orders and ensuring they're prepared accurately and on time
- Maintaining a clean, organised and food-safe kitchen
- Working alongside and supporting our wonderful parent volunteers
- Providing friendly customer service to students, staff and our school community



8:30am – 2:00pm
Wednesdays &
Fridays



Full training
provided



Working with
Children Check
required



Food safety/allergen training
required (or completed
during onboarding)

Interested in
this role?

We'd love to hear from you! Please send a brief introduction outlining your experience and availability to:
attadalecanteen@gmail.com

Canteen Volunteer Roster

Term 3, 2026

Week	Year Group	Canteen Dates
1	PP	22 & 24 July
2	Year 1	29 & 31 July
3	Year 2	5 & 7 August
4	All-in	12 & 14 August
5	Year 3	19 & 21 August
6	Year 4	26 & 28 August
7	All-in	2 & 4 September
8	Year 5	9 & 11 September
9	Year 6	16 & 18 September
10	All-in	23 & 25 September

WIN a reserved APS Car Bay!

Volunteer for a shift in the canteen this term and you'll be in the raffle for a personal parking bay reserved for one term.

The more you volunteer, the more chance you have!

Sign up here: <https://signup.com/go/hpniidb>





ATTADALE PRIMARY



mid year
MUMS
NIGHT OUT



6:30pm Friday 31 July



The Rowing Pavillion
Mount Pleasant



All welcome



Tickets \$15 per person via Trybooking link
(includes share platters)



BOOK NOW: www.trybooking.com/DNSSU