



NEXUS ISSUE 17

27 OCTOBER 2025

**Book Club
orders close
Friday 31/10**

ACKNOWLEDGEMENT OF COUNTRY We would like to acknowledge the Traditional Owners of the Land on which we meet today, the Marradungup Land of the Whadjuk people of the Noongar Nation. We would also like to pay our respect to the Elders of this Land, past, present and emerging.

[CALENDAR](#)

[TERM DATES](#)

[WEBSITE](#)

[EMAIL US](#)

A MESSAGE FROM OUR PRINCIPAL

Dear Families,

Last Wednesday evening our school came alive with creativity and connection during Open Night which featured a stunning Art Exhibition thanks to the incredible work of our Art Teacher Kath Power. Families had the chance to explore classrooms, celebrate student learning and admire the artistic talents on display, a testament to the progress and achievement each child has made throughout the year under the guidance of so many committed and caring staff. The following morning, we welcomed grandparents for a special morning tea another highlight of our calendar that strengthens the bonds between generations and reinforces the sense of community we value so deeply at Attadale PS. Thank you to everyone who joined us and helped make these events so memorable.

As part of Project Kaartdijin the WA Department of Education's initiative to streamline student information online Attadale PS will soon transition from Connect and the SMS system to Compass, particularly the Compass smartphone app, for whole school communication. Connect will still be used at a classroom level, please read more about these distinctions in future communications. The SMS system we have used so effectively in the past has been disabled so in-app notifications will replace this function in the coming weeks. It is vital that all parents and carers follow the forthcoming instructions to download the app to stay connected to school operations. You can expect a general letter outlining what is changing followed by a unique email with instructions to download the Compass app and log in. Please keep an eye on your inbox for these communications so you are ready for the transition.

Term 4 is packed with activities so please check school communications regularly and keep permissions and payments up to date especially for swimming and other upcoming events. A reminder that tonight is the annual Open Board meeting where anyone is welcome to come at 6pm to see firsthand how the Board contributes to school governance.

Thank you for your ongoing support and engagement in making Attadale PS a thriving, well-connected community.

Chris John
Principal

STUDENT WELLBEING

Amanda is our new Student Wellbeing Officer, bringing with her a Bachelor of Counselling and over 10 years of experience supporting children and families through a range of challenges. Her background spans post-separation parenting services, family and domestic violence support, adolescent counselling, and general therapeutic work.

Amanda is deeply passionate about understanding the unique world view of every individual she works with. She is committed to fostering a safe and nurturing space where students feel empowered to build autonomy, strengthen their sense of self, and thrive in their personal and educational journeys. With a warm, person-centred approach, Amanda values connection, compassion, and the opportunity to walk alongside young people and their families during times of growth and change.

You can contact Amanda on amanda.edmunds@guest.education.wa.edu.au

RESILIENCE WORKSHOPS

Dear Parents and Caregivers,

We are pleased to inform you that on Friday, October 31st, 2025, students from Pre-Primary to Year 6 will be participating in Resilience Workshops run by Armed for Life, an organisation that specialises in student wellbeing and personal development.

These engaging and age-appropriate workshops are designed to help students build resilience, a crucial life skill that enables individuals to recover and grow from setbacks. As we all know, one thing is guaranteed in life – we will face problems. Unfortunately, many young people struggle to cope when challenges arise, often seeing even minor issues as overwhelming.

This workshop will help students:

- Understand what resilience is and why it is important
- Learn practical skills to manage challenges more effectively
- Build emotional strength and confidence in problem-solving

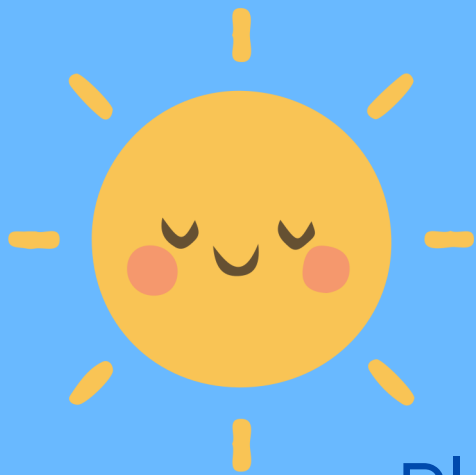
The sessions will be fully funded by the school's Health and Wellbeing budget, meaning there is no cost to families. We look forward to providing our students with this valuable opportunity to support their personal growth and emotional wellbeing.

If you have any questions, please don't hesitate to contact the school office.

Sandra Fullgrave - Wellbeing Co-ordinator

NEVER TOO LATE

Voluntary contributions go a long way in funding your child's education at Attadale Primary School and P&C contributions are used to pay for items not covered by government funding, or where there are government funding shortfalls, so if you are still wanting to pay your outstanding contributions and charges, please do so via the office, direct deposit or by credit card over the phone. We really value your contributions and would like to thank those who have already paid their voluntary contributions.



Attadale
Primary School

Foundations for life

Please join us for ...

LIBRARY STORYTIME

future Kindy students, siblings and current Kindy students are welcome!

We hope you will join us for songs and stories in the school library with:

Ms Park (Early Childhood Deputy Principal)

Miss Sonya (School Librarian)

Plus surprise guests!



0-4 Story Time

Beginning 29th October

***When: Every Wednesday at
9:00am***

Where: In the School Library

Social Media Age Restrictions – What Parents Need to Know

From 10 December, the Australian Government will introduce a world-first age restriction on social media. This means children under 16 will not be able to create or keep accounts on platforms such as TikTok, Snapchat, Instagram, Facebook, and YouTube.

Why is this change happening?

Social media apps are designed to keep users online for long periods — with constant notifications, disappearing content, and pressure to stay connected. They can also expose children to negative or upsetting content and increase the risk of cyberbullying, being asked for nudes, or being sent explicit or violent material. These experiences have been linked to higher stress, reduced sleep, and difficulty concentrating — all of which can impact wellbeing and learning.

What this means for families

The new rule isn't a permanent ban — it's a delay. Instead of saying "yes" or "no" to social media, you can now say "not yet." Other under-16s will also be unable to access these platforms, so your child won't be missing out. This gives families valuable breathing space to prepare children for social media use when they're older and more ready.

How parents can support their child

- 1. Keep the conversation open** - Talk regularly about technology, friendships, and emotions. Ask your child what they like online and what worries them. Let them know they can come to you if something goes wrong.
- 2. Build digital and emotional skills** - Help your child manage emotions, handle peer pressure, and make positive choices online. Encourage more time for offline play, hobbies, and family connection.
- 3. Model healthy habits** - Show balance in your own device use. Put phones away during meals and family time, and talk about why this matters.
- 4. Set clear expectations together** - Create simple, age-appropriate rules for screen time and device use. Revisit these as your child grows.
- 5. Use trusted resources** - The eSafety Commissioner's website offers free, up-to-date advice, conversation starters, and guides to help families stay informed.

The goal

This age restriction gives young people extra time to grow, build confidence, and develop the skills they need to navigate the online world safely — with the support of parents and caregivers. It's about creating space for healthy development now, so when they turn 16, they're ready to use social media in a positive and balanced way.

How to talk about social media age restrictions with under-16s

Conversation starters quickguide

Before you begin

- Y Prepare yourself! Our frequently asked questions [FAQs](#) and [Get-ready guide and action plan](#) for parents and carers are a good place to start.
- Y Choose a place (and time) that's relaxed and free from distractions.
- Y Check in with yourself. Ask: 'Am I prepared for a tricky or emotional conversation?'

During the conversation

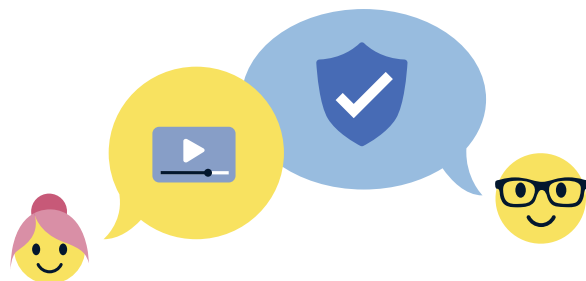
- Y Ask open-ended questions and listen carefully to what your child has to say.
- Y Gently prompt them if they need help expressing themselves, and encourage them to ask their own questions.
- y It's OK not to have all the answers. You can even search the answers together – starting with our social media age restrictions [FAQs and resources for young people](#).
- y If they're not ready to keep talking, respect their space and look for another time to chat.

After the conversation

- Y Reflect on what you learned and may need more exploration.
- Y If questions were raised that you couldn't answer, set aside time to [find out more](#).
- Y Follow up. Lots of little chats are often more effective than one big conversation and will help you both adjust to the changes.

Let them know how to find help

- y Remind them they can always come to you if something goes wrong online.
- y Help them map out a support network of trusted adults they can turn to for support.
- y Reassure them there are no penalties for under-16s using age-restricted social media platforms, or for their parents or carers.
- y Check out our [I need help: Something has happened online](#) for young people.

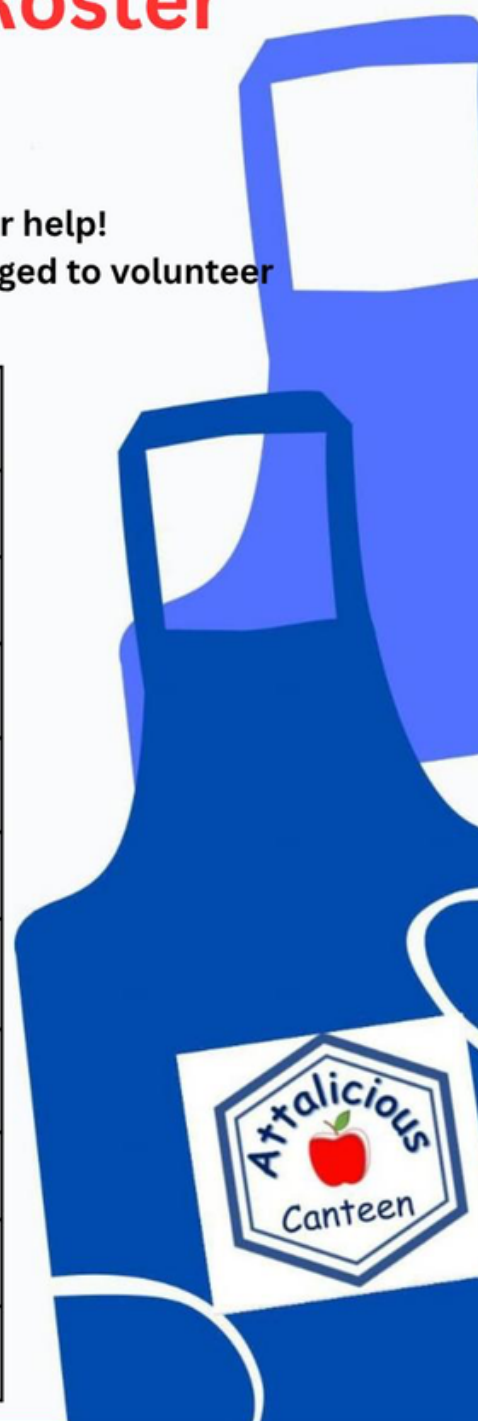


Canteen Volunteer Roster

Term 4, 2025

The Attalicious Canteen needs your help!
Each week, a different year group is encouraged to volunteer
on Wednesdays and Fridays

Week	Year Group	Canteen Dates
1	All-in	15 & 17 Oct
2	Pre-Primary	22 & 24 Oct
3	Year 1	29 & 31 Oct
4	Year 2	5 & 7 Nov
5	Year 3	12 & 14 Nov
6	Year 4	19 & 21 Nov
7	Year 5	26 & 28 Nov
8	Year 6	3 & 5 Dec
9	All-in	10 & 12 Dec
10	Attadads	17 Dec (Wed only)



Sign up and WIN a reserved APS Car Bay!

Volunteer for a shift in the canteen this term and you'll be in the raffle for a personal parking bay reserved in the staff carpark for Term 1 2026. The more you volunteer, the more chance you have!

Sign up here: <https://signup.com/go/hpniidb>

Book Club



The **FINAL** Book Club Catalogue
for 2025
has been sent home
with all students.

If you wish to order something from this final
2025 issue, register with “Book Club Loop”
(<https://mybookclubs.scholastic.com.au/Parent/Login.aspx>)
to order and pay online.

Please ensure all orders
are submitted no later than
9am Friday 31st October, 2025